



Ice Skating Victoria Inc. Policy Document

Affiliated to Ice Skating Australia Inc.

COVID-19 RETURN TO PLAY POLICY

Authority Ice Skating Victoria Inc.

Application

This policy is applicable to all persons participating in Figure Skating activities in Victoria including, but not limited to:

- Affiliated clubs
- Athletes
- Casual skaters
- Coaches
- Judges and officials
- Spectators

Related documents

- Ice Skating Victoria Return to Play Plan

Purpose

To outline Ice Skating Victoria's plan to ease back into Figure Skating and the 2020 season.

Scope

This policy outlines Ice Skating Victoria's commitments outlined in the Return to Play Plan as submitted to the Victorian Government, Department of Sport and Recreation.

Responsibilities

This Policy falls under the responsibility of the President.

Policy

The above user groups must adhere to the following requirements when participating in any Figure Skating activities, along with any rules stipulated by the venue being used, and any directions from both the Victorian and Federal Governments.

Ice Skating Victoria user groups must adhere to the following requirements:

- **Before you arrive for training or events:**
 - If you have tested positive to coronavirus COVID-19, are living with a diagnosed person or have had close contact with a person who is confirmed to have the virus, you must stay at home.
 - If you are feeling unwell you should stay at home. If you have symptoms of coronavirus (COVID-19) then you should get tested.
 - Wash your hands before you play or exercise.
 - Download the COVID Safe app

- **Maintain personal hygiene by**
 - Washing hands regularly and before and after each session.
 - Not sharing belongings under any circumstances. This includes drink bottles, skate guards, gloves and any other personal items.
 - Not allowing other people handle your mobile phone or music playing device.
 - Placing used tissues in pockets or disposed of in a bin immediately. Used tissues must not be placed on the barrier or inside bags stored on the barrier.

- **Maintain social distancing by**
 - Separating personal belongings on the barrier by 1.5m
 - Keeping 1.5m for each other. This includes:
 - Skaters on and off the ice
 - Officials
 - Spectators
 - Coaches in lessons with students
 - Refraining from personal contact including, but not limited to:
 - Hugs and handshakes
 - Coaches limiting touch when instructing students
 - Restricting training for Synchronized teams with one or more members over 18 years of age so that training is conducted using social distancing and there is no physical contact with other members of the team. Teams with all members 18 years of age or under are permitted to skate without social distancing provided that only low risk maneuvers that do not require a coach to intervene are practiced. For example high risk maneuvers including pass throughs, couples lifts and death spirals are not permitted as coaches may be required to spot athletes or help position them to avoid injury. High risk maneuvers also have an increased likelihood of injury requiring hospitalization (see “Use common sense and stay safe” section).

 - Restricting Pairs and Ice Dance training for couples where one or both skaters are over 18 years of age so that it is conducted using social distancing and

there is no physical contact between partners. Couples with both partners 18 years of age or under are permitted to skate without social distancing, provided that only low risk maneuvers that do not require a coach to intervene are practiced. For example high risk maneuvers including lifts and death spirals are not permitted as coaches may be required to spot athletes or help position them to avoid injury. High risk maneuvers also have an increased likelihood of injury requiring hospitalization (see “Use common sense and stay safe” section).

- **Use common sense and stay safe.**

- To reduce the strain on Victoria’s health and emergency services, common sense should be used to minimise the risk of injury that may result in hospitalisation. Ice Skating Victoria asks all skaters to ensure they are properly warmed up, well rested and fully alert when training.

Ice Skating Victoria is committed to providing a safe environment for all users groups, and as such any non-compliance with the requirements outlined in this policy may result in membership cancellation, and expulsion from attendance at any future figure skating event in Victoria.

Ice Skating Victoria will continue to monitor the situation and will adapt this policy inline with Victorian and Federal Government advice. All changes will be communicated to members and associated parties.

Version history

- Version 2, 23 June 2020
 - Updated to allow 18 years and under athletes participate in ice dance, pairs and synchronized skating without social distancing.
- Version 1, 18 June 2020
 - Initial release.